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10000243 - Sofrol - TIS

Sofrol is a paste concentrate to produce soft rolls, baps, hamburger rolls, etc. Requiring only the addition of flour, yeast and water, Sofrol is suitable for use on all mixing systems.

Recipe:

Bread Flour – 16.000kg Sofrol – 2.000kg Yeast (approx.) – 0.625kg Water (approx.) – 9.000kg

Make up Instructions:

- 1. Use tempered water to give a final dough temperature of 27°C
- 2. Mix for 2 minutes on slow speed and 6 minutes on fast
- 3. Process as required into approx. 60g rolls

Baking Times (approx.):

N.B Set fan assisted oven 30°C Hotter before baking

Bake at 230°C/450°F (Fan Assisted 200°C/390°F) for approx. 12-15minutes.