Multiseed Bread

using IREKS MULTISEED BREAD MIX

Wheat flour	5.000 kg
IREKS MULTISEED BREAD MIX	5.000 kg
Yeast	0.250 kg
Water, approx.	4.500 kg
Total weight	14.750 kg

Mixing time: 2 + 6 minutes

Dough temperature: approx. 26° C

Bulk fermentation time: approx. 25 minutes

Scaling weight: 0.480 kg
Intermediate proof: 5 minutes
Processing: as desired

Final proof: approx. 55 minutes

Baking temperature: 240° C, dropping to 200° C, giving slight steam

Baking time: approx. 35 minutes

Instructions for use: After the bulk fermentation time, scale the

dough and mould round. After a short intermediate proof, shape the dough pieces as desired. Place on setters with the seam downwards and allow to prove. Bake, giving

slight steam.



IREKS U.K. Ltd. Herons Way Chester Business Park CHESTER CH4 9QR UNITED KINGDOM Tel.: +44 1244 893713 info@ireks.co.uk www.ireks.co.uk www.ireks.ie

